Present

Cathy, Saturday 9 a.m. River Forest & PIPO Outreach
C.J. M, Saturday Morning Friends in Recovery
Dave, Burr Ridge Saturday Morning
Evelyn, Naperville 7:30 p.m. Monday and 12th Step Within
Gerri M., Butterflyer, Treasurer
Gwen, Saturday Morning Friend in Recovery
Laura W., Elmhurst Sat a.m.
Lori d., Riverside & Zoom Administrator
Pate "Paddy" C., Tuesday Lord of Life & Acting Chair

Mission Statement—The Chi-Wif Intergroup supports Overeaters Anonymous groups in our area to carry the message of abstinence and recovery to compulsive eaters via the Twelve Steps of OA.

Spiritual Principles

Step 3—Faith
Tradition 3—Identity
Concept 3—Trust

- I. Welcome/Serenity Prayer/Introductions
- II. Officers' Reports
 - a. Scribe's Report

No Report

b. Treasurer's Report—Gerri

February 2024

Upon a motion made, seconded, and carried, the February Treasurer's report was accepted as presented.

The available funds shown on the report include the \$4,000 set aside over the last several years for the new web site.

III. Committee Reports

a. Bylaws—Laura W, Chair

The Bylaws Committee proposed the following Amendments:

ARTICLE IV – OFFICERS – OVEREATERS ANONYMOUS Section 3 - Qualifications for Officers of Overeaters Anonymous

Each officer shall have one (1) year of current abstinence and be working the OA Twelve Step Program of Recovery. Each person shall be the sole judge of his/her own abstinence.

Working knowledge of the Twelve Traditions of Overeaters Anonymous and The Twelve Concepts of OA Service.

Regular attendee of an active OA group for a period of one (1) year and has been involved with Intergroup for the past 12 months. attended at least 6 Chiwif Intergroup meetings.

Article VI – Meetings, Section 5

Two Intergroup Officers and at least one other voting member who is not an officer of the Intergroup shall constitute a quorum of all proceedings of the Intergroup. A simple majority shall govern voting purposes. When the Intergroup will not have two (2) Officers available for more than one (1) month, the Intergroup may vote to suspend the two (2) Officer requirement and may conduct business provided at least one (1) Officer and one voting member who is not an officer is present.

ARTICLE X - AMENDMENTS TO THESE BYLAWS

These Bylaws with the exception of Article II, Section A, B, and C may be amended at any time by a two-thirds (2/3) vote of the voting membership present at any regular or special meeting of the Intergroup, provided a copy of the proposed amendment has been submitted in writing published on the CHI-WIF website. and received by e Each group

affiliated with this Intergroup <u>will receive a phone call to the named</u> <u>contact on the OA.Org website</u> at least twenty (20) days prior to the meeting in which action is to be taken on the amendment.

The following notice was proposed to be made to each group for these amendments.

NOTICE TO AMEND THE BYLAWS

Under the rules of the CHIWIF Bylaws, Bylaws may be amended at any time by a two thirds (2/3) vote of the voting membership present at any regular or special meeting of the Intergroup, provided a copy of the proposed amendments has been submitted in writing and received by each group affiliated with this Intergroup at least twenty (20) days prior to the meeting in which action is to be taken on the amendment.

The vote will take place at our May 18, 2024, meeting.

Every group must receive a copy of this proposed Amendment and unfortunately Groups are not keeping their contact information up to date on the OA.org website. We cannot be certain every Group has received notice. It would be helpful if you would email us to confirm receipt of the Proposed Amendment. Please use MSButterflyer@yahoo.com

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The board members volunteered to contact various meetings to give them the notice of the proposed amendments.

Upon a motion duly made, seconded, and carried., the board approved sending the above amendments to the meetings for a vote at the May 18, 2024 meeting of the Chi-Wif intergroup.

b. Public Information/Professional Outreach—Cathy L, Chair

Cathy continues to reach out with OA literature. She contacted the Academy of Nutrition and Dietetics in Washington, DC and Chicago, IL, and the National Association of Nutrition Professionals in Sacramento, CA, and the American Dietetic Association in Arlington, VA. She also continues her outreach to Physical Therapy clinics.

c. 12th Step Within-Evelyn, Chair

Eagerly awaiting the next workshop, cosponsored with the Monday Yellow Box Church meeting. Saturday, March 23, 2024, 1:30-4:30 pm at the church in Naperville.

Suburban North Intergroup gave some flyers for their upcoming events.

d. Butterflyer—No Chair

No report. Needs to be announced at meetings that we need a chair. Gerri will send out a message to the mailing list about the proposed Amendments and upcoming Workshops. And she will publish the proposed Amendments on the website.

The new web site: work will not begin until at least May. It will require at least 3 people. Lori d and CJ volunteered. We will be using the same vendor as Region 5.

e. Zoom Rep-Lori D, Chair

Zoom update a couple days ago. Spring break season, so secure the Zoom Rooms. Use waiting rooms. Use multiple hosts to secure your room. Watch people you don't know, until you know who they are.

IV. Unfinished Business

a. Region 5 General Assembly Report—Evelyn

There were 18 representatives. The challenge is to get people to attend and to serve as representatives. There was discussion about better welcome packets, and about communicating what Region 5 does for its intergroups. Three committees were formed: Everything Intergroup Committee (Evelyn is on this committee), and PIPO type Committee, and the Media Committee. Evelyn's committee is focused on making Region more welcoming/useful to intergroups. Evelyn is also on the Media Committee which maintains the Region 5 website.

Gerri mentioned that Region 4 has ceased to exist, and that means that some intergroups will need to be absorbed by Region 5. CJ asked if the dissolution of Region 4 will be a business item at World Service Business Conference [WSBC]. Both Gerri and Evelyn stated that it was a completed action already, but that WSBC will assign Region 4's intergroups to new Regions.

b. Insurance Policy

Gerri reported that the insurance policy received last month only referenced the automobile coverage. She checked with the agent and the reason for this is that we have a 3-year policy and the only changes this year are to the automobile coverage, so those pages alone were sent to us. All other coverage remains the same.

V. New Business

a. In Person Meeting

Evelyn asked about the possibility of meeting in person as an Intergroup. Her home Public Library has a meeting room available which she could secure for such a meeting.

- VI. Closing with the OA Promise
- VII. Next IG Meeting—Saturday, April 20, 2024