Present

Cathy, Saturday 9 a.m. River Forest & PIPO Outreach Chris, Oak Park 7:00 pm Saturday Dave, Burr Ridge Saturday 8:00 a.m. Evelyn, Naperville 7:30 p.m. Monday and 12th Step Within Gerri M., Butterflyer, Treasurer Laura W., Elmhurst Sat a.m. & Bylaws Lori d., Riverside, Zoom Administrator, & Vice Chair Pate "Paddy" C., Tuesday Lord of Life & Acting Chair

Mission Statement—The Chi-Wif Intergroup supports Overeaters Anonymous groups in our area to carry the message of abstinence and recovery to compulsive eaters via the Twelve Steps of OA.

Spiritual Principles

Step 12—Service
Tradition—Spirituality
Concept—Clarity

- I. Welcome/Serenity Prayer/Introductions
- **II.** Officers' Reports
 - a. Scribe's Report—Peggy I

No report, due to Peggy's absence

b. Treasurer's Report—Gerri

November 2023 Cash Balances, Receipts and Disbursements

Opening Balance	\$ 9,580.33
Receipts-7 th Tradition	901.00
Sub-total	10,481.33
Disbursements	
Reg 5 Assembly Del Exp	(448.91)
WSO Contribution	(33.48)
Total Funds	9,998.94
Prudent Reserves	(1,500.00)
Website Reserves	(3,960.00)
Operating Funds	\$ 4,538.94

Group Contributions 2023				
Group #	Location	Day	Time	November
38752	Darien	Tuesday	5:30 p.m.	\$ 120.00
89078	Zoom/Burr Ridge	Saturday	8:00 a.m.	231.00
36938	Burr Ridge In Person	Saturday	8:00 a.m.	330.00
40019	Oak Park	Saturday	7:00 p.m.	200.00
Individual	Mary Bussert			20.00
Total				\$ 901.00

There was a problem with an individual contribution by Mary Bussert. Gerri is not sure to what meeting Mary belongs, and Gerri received several other Zelle contributions this month without a meeting name or number. The problem arises because the Memo function in Zelle is for use by the sender and is not visible to the Payee. Gerri is going to make a Zelle donation and take screen shots is possible to show meeting treasures where to put their meeting name and number.

There are almost enough funds in the website Reserves to begin the new website project. By the end of the month, the Reserve should be large enough to allow us to begin planning.

Upon a motion made, seconded, and carried, the month Treasurer's report was accepted as presented.

III. Committee Reports

a. Bylaws—Laura W., Chair

- Gerri reviewed the actions taken last month with regard to the proposed/emergency amendment to Article VI Meetings, Section 5, of the Bylaws.
- Laura will distribute copies of the revised Standing Rules adopted by the Board in November 2023.

b. Public Information/Professional Outreach—Cathy L, Chair

- Cathy thanked Evelyn for some literature she had obtained for Cathy and her committee from the Region5 Fall Assembly. She is still placing rip-tag posters on those public bulletin boards she can find. And she has been sending them to 12-Step Clubhouses, asking them to display the posters in their public information areas.
- Responding to an inquiry, Cathy affirmed that placing the posters on public bulletin boards in cafes and coffee houses is appropriate, and that she has done so.
- Evelyn is on PIPO at Region 5 level. She needs to report on what our Intergroup is doing out of the book she brought back from

Region 5 Fall Assembly. She needs to meet with Cathy. They will arrange a meeting outside of this meeting.

c. 12th Step With in—Evelyn, Chair

- i. The committee was unable to put on a workshop in December. Lucy's Meeting (Monday night Yellow Box Church) wants to put on a workshop in February. Evelyn will visit after the holidays to discuss logistics.
- ii. Abstinence Workshop for January. CSSI is doing it on 01/03/2024 at 4:00 p.m. The committee may also do an abstinence workshop in the summer.
- iii. Evelyn is going to try to coordinate with the other northern Illinois intergroups to work together on workshops. She has also been visiting meetings to encourage them to send representatives to Chi-wif. Evelyn inquired about who keeps the official list of Chi-wif member meetings. Gerri explained that the official list is on the OA.org website. They are listed under "Find a Service Body," for Chi-Wif. The problems with the official list are that the meetings often do not keep their information current and many on-line meetings that should show as affiliated with Chi-wif are listed under "Virtual Meetings," including some that use the Chi-wif Zoom accounts.

d) Butterflyer—Gerri M., Chair

i. Nobody is producing the Butterflyer as a newsletter. Gerri is simply sending out periodic lists of announcements. We need someone to take over and actually produce a newsletter.

e. Zoom Rep—Lori D, Chair

- Recovery23#Zoom remains a complicated application to administer. Each meeting must be updated for every week in 2024, to keep the same codes.
- ii. All new hosts need to check in with Lori between the hours of 11:00 am.-4:00 p.m. to attempt a log-in and get new codes from Lori. The same is true for hosts who are traveling, and those who have not hosted for a considerable amount of time.
- iii. There is an intruder masquerading as an OA member named "Mark in CT," who is disabled with autism. The intruder is sometimes one person, sometimes several. The real member shows his face and has lots of stuffed animals in the background. The intruder does not show their face(s). The intruder puts their Raise Hand up and down to make their square jump around the board. Try to catch them from the participant list. Lori has reported them. If you catch, then "Report & Remove."
- iv. The approaching holidays will bring out the regular stupidness. Even small meetings need 2 hosts. Always use waiting rooms, so you have somewhere to remove intruders.

IV. Unfinished Business

a. Paddy serving as Acting Chair

- i. Paddy expressed that his serving as Acting Chair could only be a stop-gap measure lasting no more than six months. He saw his primary job as representative for the Tuesday Darien meeting at Lord of Life Church, and that he was frustrated with the conflict between that role and the rule that, as chair, he could only vote to break a tie.
- ii. Gerri stated that as Acting Chair, he could still vote, and that with Lori d as Vice Chair, not Acting, there are now two Officers: Treasurer and Vice Chair.
- iii. Paddy asked if someone else could take over Zoom hosting, and Lori d volunteered.

b. Bylaws Proposed Amendments

Gerri presented the following proposed amendments to the Bylaws, to be voted on at the February 17, 2024 meeting of the Chi-Wif Intergroup. New wording is <u>underlined</u>. Eliminated wording has been struckthrough.

Amendment 1

Article VI – Meetings, Section 5

Two Intergroup Officers and at least one other voting member who is not an officer of the Intergroup shall constitute a quorum of all proceedings of the Intergroup. A simple majority shall govern voting purposes.

When the Intergroup will not have two (2) Officers available for more than one (1) month, the Intergroup may vote to suspend the two (2) Officer requirement and may conduct business provided at least one (1) Officer and one voting member who is not an officer is present.

Amendment 2

ARTICLE IV – OFFICERS – OVEREATERS ANONYMOUS Section 3 - Qualifications for Officers of Overeaters Anonymous A. Each officer shall have one (1) year of current abstinence and be working the OA Twelve Step Program of Recovery. Each person shall be the sole judge of his/her own abstinence.

- B. Working knowledge of the Twelve Traditions of Overeaters Anonymous and The Twelve Concepts of OA Service.
- C. Regular attendee of an active OA group for a period of one (1) year and has been involved with Intergroup for the past 12 months. attended at least 6 Chiwif Intergroup meetings.

Upon a motion duly made, seconded, and carried, the amendments were adopted for presentation to the meetings and for a vote at the February 17, 2024 meeting of the Chi-Wif Intergroup.

c. Change to Mission Statement

i. Gerri moved that, in order to more correctly reflect the variety of people in OA, the Mission Statement be changed to read as follows:

The Chi-Wif Intergroup supports Overeaters Anonymous groups in our area to carry the message of abstinence and recovery to compulsive overeaters eaters via the Twelve Steps of OA.

Upon a motion duly made, seconded, and carried, the change was adopted.

V. New Business

a. Chi-wif Representatives Visiting Member Meetings

- i. Lori d will develop a Google Sheet to handle sign-ups for various meetings.
- ii. Under the Bylaws Committee, Laura and Gerri will develop the literature to be distributed to the meetings regarding the proposed bylaw amendments.

b. Zelle Donation Instructions for Meeting Treasurers

i. Gerri will develop the Zelle instructions and put them on the website.

c. List of Helpful Websites and Resources for Meetings

- i. Lucy has developed a handout which will be sent to the meetings.
- VI. Closing with the OA Promise
- VII. Next IG Meeting—Saturday, January 20, 2024

Submitted, Peggy I Scribe